

My name is Ardie Jones. I am writing this letter to thank Dr. Bill Moorcroft for helping me to gain some ground on my sleeping problems. I had many areas of problems pertaining to sleep. I have read everything about this issue that I could get my hands on, and all the ways to help myself but was not able to do it! Dr. Moorcroft told me the same things as I read and how to accomplish my goals. I am not 100% cured yet but am 100% better than my situation was when I started working with him about 2 months ago.

He is very good at what he does and is very calming in his manner. This is what I need when I don't sleep and am stressed. I recommend him very highly.

Ardie Jones  
Erie, Colorado